

Towards an Integrated Approach to Improving Quality of Life for Aging Populations: Livability, Biodiversity and Decarbonization

SCHOLARS

Carly Ziter (*Department of Biology*)

Ursula Eicker (*Department of Building, Civil and Environmental Engineering*)

Meghan Joy (*Department of Political Science*)

RESEARCH ASSISTANTS

Tatev Yesayan (*MDes Student, Department of Design and Computation Arts*)

Nicole Yu (*PhD Student, Department of Biology*)

Mohammad R. Seyedabadi (*PhD Student, Department of Building, Civil and Environmental Engineering*)

Negarsadat Rahimi (*PhD Student, Individualized program*)

Shayan Nejadshamsi (*PhD Student, Department of Computer Science and Software Engineering*)

Fatemeh Izadi (*PhD Candidate, Individualized program*)

PARTNERS

Patrick Marmen (*Ville de Montréal*)

Nicolas Marier (*Ville de Montréal*)

Jeanne Leblanc-Trudeau (*Ville de Montréal*)

Adrien Kazup (*Vivre en Ville*)

Elise Gagnon (*GRAME*)

Catherine Houbart (*GRAME*)

Nilson Zepeda (*CRE Montréal*)

Emmanuel Rondia (*CRE Montréal*)



climate change

Urban areas are responsible for **70% of GHG emissions**, with many buildings in need of retrofits



biodiversity loss

Urban sprawl is driving habitat loss, threatening the biodiversity that supports **wellbeing & connection to nature**



aging population

For the first time, the population 65+ surpasses those < 5 globally. **Age 85+** is one of Canada's fastest-growing age groups

How do we work towards a high-quality built environment in the face of a poly-crisis?

To work towards resilient, age-friendly cities:

Municipalities must assess residences for older adults using a **holistic set of sustainability criteria:** including energy efficiency, accessibility to amenities and access to the natural environment

Livability

Increase comfort and access to amenities



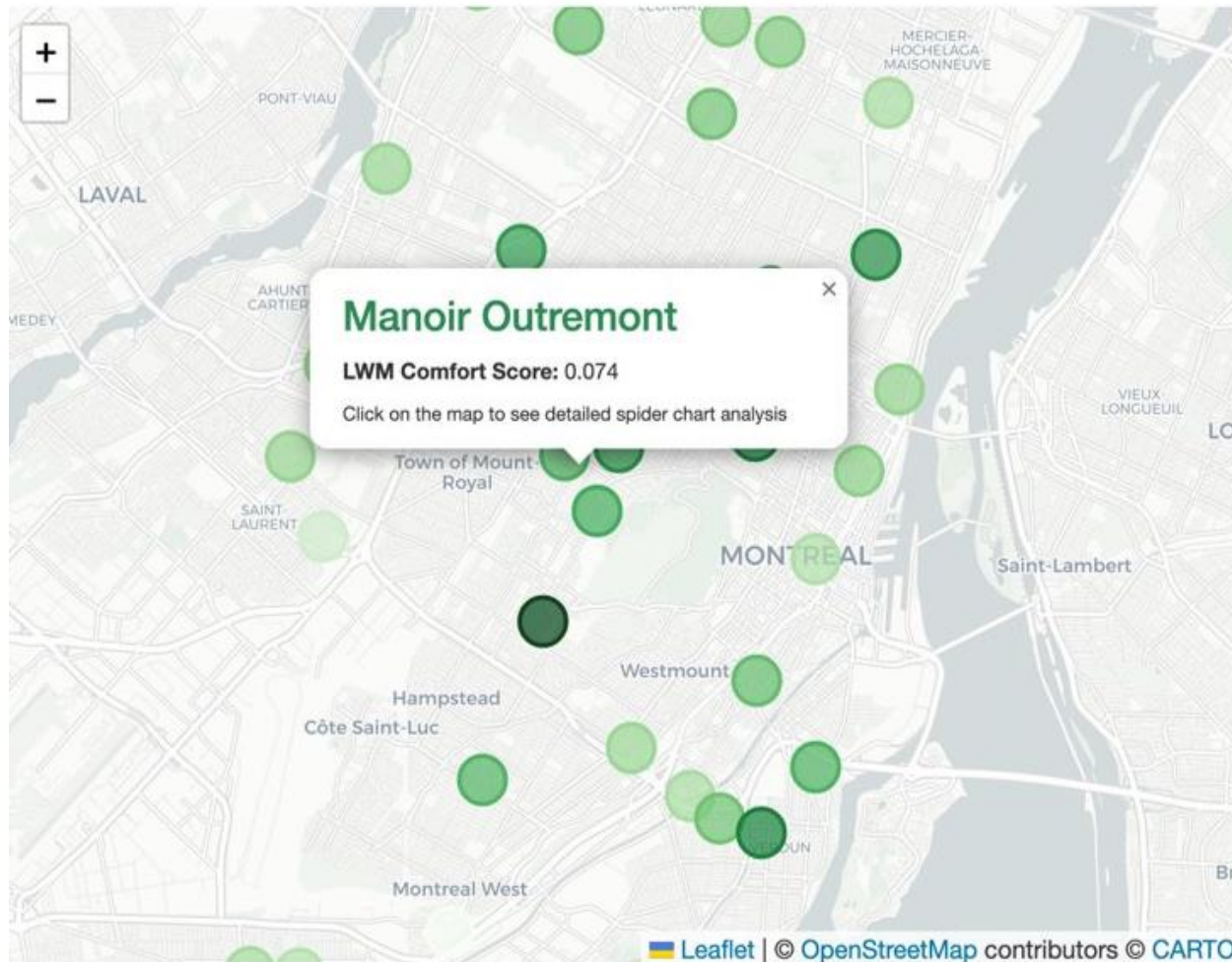
Biodiversity

Increase contact with nature

Decarbonization

Reduce emissions

We can achieve this by supporting the creation of integrated sustainability tools to assess residence quality, that allow for prioritization of interventions based on overall need



Manoir Outremont

LWM Comfort Score

